DOC SCREEN: Depression, Obstructive Sleep Apnea, Cognitive Impairment

Name:		Date:	
Variables to refine risk assessment (www.docscreen.ca regression interpretation):			
Age:	Sex:		Education:
Height:	Weight:		BMI:

Memory (Registration)[3]

		TRAIN	EGG	HAT	CHAIR	BLUE	No points
Read list of words, subject must repeat them. Do 2 trials. Do a recall after 5 minutes.	1st trial						
	2nd trial						

	DOC Mood[1] "Over the last 2 weeks, how often have you been bothered by any of the following problems?"	Not at all (0)	Several days (1)	More than half the days (2)	Nearly every day (3)	Score (D)
D						____ /6
	Little interest or pleasure doing things					
	Feeling down, depressed or hopeless					

	DOC Apnea[2]	Yes (1)	No (0)	Score (O)
O				____ /4
	Do you snore loudly (louder than talking, heard through a door, or bother other people)?			
	Do you often feel tired, fatigued or sleepy during the daytime?			
	Has anyone observed you stop breathing during your sleep?			
	Do you have, or are you being treated for high blood pressure?			

C	**Draw a Clock (Ten past Eleven)[3]**		
		Contour [ ] Numbers [ ] Hands [ ]	Score (C) ____ /3

C	**ABSTRACTION "What is the similarity between: (e.g. banana – orange = fruit)"[3]**	Score (C) ____ /2
	An eye and an ear? [ ] A trumpet and a piano? [ ]	

Memory (Delayed Recall)[3]

C		TRAIN	EGG	HAT	CHAIR	BLUE	Score (C)
What were those 5 words?	WITHOUT CUE						____ /5
	Category Cue						
	Multiple Choice Cue						

INTERPRETATION	High-risk	Intermediate-risk	Low-risk	DOC SCREEN SCORES	
D (DOC Mood)[1]	4-6	1-3	0	D (DOC Mood)[1]	/6
O (DOC Apnea)[2]	4	1-3	0	O (DOC Apnea)[2]	/4
C (DOC Cog)[3]	0-5	6-9	10	C (DOC Cog)[3]	/10
INTERPRETATION	For regression interpretation, please visit **www.docscreen.ca**				

Modified/Combined from: [1]PHQ-2: Hajek VE et al. Arch Phys Med Rehabil. 1989 Feb;70(2):114-7. [2]STOP: Chung F et al. Anesthesiology. 2008 May;108(5):812-21. 74. [3]MoCA: Nasreddine ZS et al.. J Am Geriatr Soc. 2005 Apr;53(4):695-9. MoCA copyright of the adapted version: Z. Nasreddine MD. Adapted with permission by Swartz et al., 2013.